



Ardee & District Athletic Club

Code of Conduct for Children and Young Athletes

Sport should be safe, fun and conducted in a spirit of fair play

As a child or young person you are entitled to the best possible environment to participate in sport. You deserve to be given enjoyable, safe sporting opportunities, free of abuse of any kind. You have rights, which must be respected, and responsibilities that you must accept. You are encouraged to treat other athletes and team officials with fairness and respect.

You are entitled to:

- Be safe and to feel safe.
- Be listened to.
- Be believed.
- Be treated with dignity, sensitivity, and respect.
- Have a voice in your club
- Participate on an equal basis
- Have fun and enjoy sport
- Experience competition at a level at which you feel comfortable
- Make complaints and have them dealt with
- Get help against bullies
- Say no
- To protect your body
- Confidentiality

You should always:

- Treat Sports Leaders with respect
- Act fairly at all times, do your best
- Respect other club members
- Respect opponents and be gracious in defeat
- Abide by the rules

You should never:

- Cheat
- Use violence or physical contact that is not allowed within the rules
- Shout or argue
- Cause harm or damage property
- Bully
- Take banned substances
- Tell lies
- Spread rumours

PTO

Parent/Carer of participant

I have read and accept the *Code of Ethics & Good Practice for Children in Athletics*.

Parents/Guardians Name: _____ Date: _____

Emergency contact number(s): _____

Young person

I have read and accept the code of conduct as set out by Athletics Ireland and Ardee & District Athletic Club

Name: _____ Date: _____